

Cost Information

Topeka Pharmacy is in network with most local insurance companies. **We will contact your insurance to get the lowest price for you.**

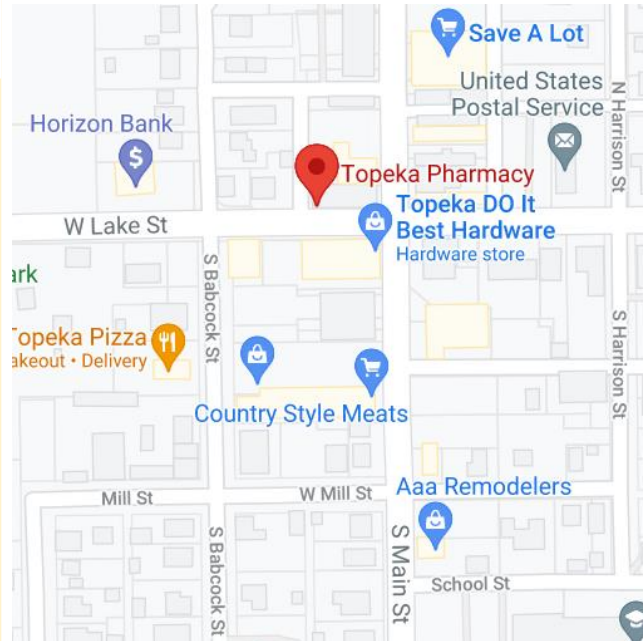
We provide competitive cash pricing for uninsured patients. Please call for more information.

Plain Church Discount:

We are contracted with the Plain Church Group Ministry to offer classes at a discounted cost for members.



Topeka Pharmacy is located 2 miles east of State Road 5 at the stop light in Topeka, IN.



CONTACT US

TOPEKA PHARMACY
101 N MAIN ST., PO BOX 157
TOPEKA, IN 46571
PHONE: 260-593-2252
TOLL FREE: 800-528-3279
FAX: 260-593-2150

We would be honored to serve you during this exciting time!

GESTATIONAL DIABETES SERVICES AT TOPEKA PHARMACY



*Topeka Pharmacy
101 N Main Street
Topeka, IN 46571*

What is Gestational Diabetes?

Gestational Diabetes happens when blood sugar levels increase above healthy levels during pregnancy.

If untreated, gestational diabetes can negatively affect the health of the baby and mother.

The first step in controlling blood sugar levels is lifestyle changes, including learning to balance the carbohydrates in your diet with your physical activity.



The Good News of Gestational Diabetes Classes

1. ***You can control your blood sugar*** with the right facts and support.
2. ***You can balance eating and control blood sugar levels without being hungry.*** Once you know how food affects blood sugar, you can plan and prepare healthy meals everyone will enjoy.
3. ***You can be confident*** you are doing all you can for you and your baby's health.

Take the burden of worry off your shoulders!

Call soon for your appointment.

Our Classes Will Give You Confidence!

Learn how to identify and count carbohydrate foods with a simple and practical tool.

Learn about the types of meals that are best during pregnancy.

Get a FREE blood sugar meter and training as part of our classes

Understand your blood sugar levels and goals during pregnancy.

We take the time to answer your questions!



